LIVE FIT, EXERCISE FOR LIFE!

SUMMER YOUTH PROGRAM



Award recognition program for youth AGES 8-15

From May 31st through August 31st

Gold, Silver and Bronze level certificates will be given out to kids that meet program standards. Kids will be required to fill out an exercise log (given to them by the Youth Coordinator) and return it no later than Sep. 15th. A Supreme Physical Excellence Award will be given to the male and female who log the most activity over the Summer.

This Summer get your kids off the couch and away from the PlayStation.

For exercise log, standards to receive awards and more information on the program, call Mike Bierle Youth Coordinator WGJV Contractor.

Office: 737-6919 Cell: 4151808

